

# RHODES 2026



5 and 10 km Fun Run/Walk around Rhodes Village while friends and family wait for runners taking part in the Rhodes Trail Run

Leave Rhodes village on the same route trail runners take, head up Carlislehoek. Turn back and head to back to Rhodes and return next to the Bell River on a newly created walking trail.

Part of the course is on rough farm land with crossings through fences.

## **RULES**

Participants are required to stay on the marked course and keep off cultivated lands

Children under 12 to be accompanied by an adult

The course is not suitable for prams or very young children

Regrettably no dogs

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## TERMS & CONDITIONS

I undertake to participate or attend this event entirely at my own risk. I agree that I shall have no claims whatsoever against the organizing body, any individuals, organiser or official, marshal, assistant, helper or agent, the sponsors, any local authority or land owners, in respect of any loss or damage whatsoever I may suffer arising from any injury to my person or loss or damage to property as a result of, or arising out of, whether directly or indirectly, my participation in this event, including my arrival and departure there from and attendance of any ceremony and function thereof, however such loss or damage may arise and regardless of whether or not same shall have been caused directly or indirectly by negligence, of one or more or all of the aforementioned parties. In the event of my approval of this form as a guardian of a minor, I hereby consent to such minor being bound by the foregoing and further I indemnify the aforementioned parties to the extent, if any, to which such minor is not capable of waiving his rights as stipulated within.

I agree to participate subject to rules of the event.

I have read the above indemnity and the rules understand them and shall abide by them.